



JUNE 2009 (Bi-weekly Schedule)

4 Thu

Buddhist Backpacker Series - Full Circle II

A Sharing by Darryl Chan

Trace Darryl's footsteps as he revisits his 'dragpacking' destinations: the mystical sky burials in Eastern Tibet; the bejewelled lakes of Jiuzhaigou, China; Moscow, the austere capital city of Russia; Jerusalem, the controversial 'holy' city of Israel and many more. Darryl will also reveal the many ways Buddhism is practised and perceived in these places.

The Buddhist Backpacker Series began in 2005 and featured ten countries. This is the last session of the season, so grab your last chance to globetrot with Darryl before he dragpacks again!

18 Thu

The Story of Stuff – Developing Environmental Mindfulness

A Sharing by Joe Lim

From the moment we open our eyes in the morning to the quiet time we have just before bedtime, we consume, consume and consume. We are conditioned to label our 'wants' as 'needs', which explains the excessive consumerism that dominates modern life. Joe Lim invites you to contemplate about Environmental Mindfulness, which, to him, is not about living like cavemen or hugging trees – rather, it is about being mindful when we next go to the shopping mall or pick up a plastic stirrer.

Joe will be showing The Story of Stuff, a short film about consumerism and its impact on the world.

VENUE

All sessions are held at

Awareness Place [Well-Being] Centre, Blk 231 Bain Street, Bras Basah Complex, #03-39
(Beside the National Library, nearest MRT station: City Hall)

TIME

7.30pm – 9.30pm

REGISTRATION

To register, EMAIL wsdp@kmspks.org, CALL 6849 5346 or SMS 8100 3587

ABOUT THE SPEAKERS / FACILITATORS

Darryl Chan - From a timid backpacker at 14 to a mid-ripe 'dragpacker' now, Darryl Chan has never failed to find time each year to visit unfamiliar destinations. Dragpacking has not only challenged his perceptions of life; it has also provided plentiful opportunities for him to 'externalise' what he has learnt from the Buddha in real situations. An occasional speaker for communication- and people-related topics; a temple-and-museum tour guide trainer for KMSPKS; now a voluntary guide-cum-adviser for 3GEMS, Darryl believes in broadening his horizons through travelling and sharing his stories with other people.

Joe Lim - has been a project manager/volunteer coordinator with the Singapore Environment Council since 1992 and have recently help setup a Youth Portal for youths in Singapore interested or want to do more for the environment (www.youthhabitat.sg). Joe has been involved in propagating the teachings of Sakamuni Buddha for around 3 years whenever he can. Besides environmental work; he also volunteers with the Singapore Buddhist Federation as a prison counselor and as a Family/Youth Befriender at CDAC and Muhamaddimayah Welfare Home.

Happiness does not come from having much, but from being attached to little.
- Ven Sheng Yen

kmsYM

offering young adults effective ways to learn Buddhism while achieving personal and spiritual growths.

Join us and discover yourself...

*w*s*d*p	Lifestyle programmes to discover Buddhism & its everyday application
3GEMS Tour	Guided tours infused with Buddhist cultures, history, arts and architecture
Pureland Practice Fellowship	Weekly gathering for those with basic understanding of the Pureland teachings
Y_Cultivation	Workshops to learn meditation and study Buddhist teachings
Y_Fellowship	Make positive connections with positive people
Young Artiste Club	Aspiring artistes aged 17 to 30, awaken your creativity
Zen Drum Club	Discover your inner rhythm and calm with each drum beat

| 6849 5346 | youth@kmspks.org | kmspks.org/youth |

Youth Ministry, Kong Meng San Phor Kark See Monastery

To view the above details, visit www.kmspks.org/youth/wsdpjun09.pdf

*** Hard copy flyers are printed on recycled paper: *Recycle Me - Pass me to someone who needs this information.* ***