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WEEKLY SPIRITUAL DHARMA PROGRAMME FOR YOUNG ADULTS  
ORGANIZED BY KMSYM

Person



NOVEMBER 2009

05 Thu

**Buddhist Dragpacker Series –**

**Chapter 2: The World Heritage Sites of Ethiopia and Kenya.**

**Sharing by Darryl Chan**

What do the ancient buildings our ancestors construct tell us about themselves and their grandchildren as people? In Chapter 2 of the brand new season of the Buddhist Dragpacker Series, Darryl travels to the World Heritage Sites across Ethiopia and Kenya, discovering different types of architecture and showing how they exude our aspirations, our creativity and our beliefs. Darryl will also dramatically reveal his understanding of unexpected connections between very different types of architecture which are products of people's pursuit of beauty, power, pleasure and heaven. Through Darryl's monumental journey, stones and boulders are made to speak alive, again.

19 Thu

**DISCOVER MEDITATION**

**Workshop by Sim Siew Ching**

Feeling drained and stressed all the time? Don't you just wish to have a moment of peace and tranquility in the midst of all the hustle and bustle? Here comes your chance to experience this by looking inwardly for peace. Siew Ching will show you how to relax and find your inner calm in a simple yet effective way.

**3GEMS GUIDED BUDDHIST TOUR:**

**1 Nov Sun, 10am – 12pm: Come join 3GEMS Tour @ Bright Hill Temple (KMSPKS)**

Kong Meng San Phor Kark See Monastery was a traditional Chinese forest monastery. With a history of 87 years, it's currently the largest temple in Singapore and one of the most renowned Buddhist monasteries in Southeast Asia. The building structures are an interesting and unique combination of Chinese aesthetics & Southeast Asian architectural styles. Register with your full name, age, gender, hp no., email address, & total no of participants to [3gems@kmspks.org](mailto:3gems@kmspks.org)

*3GEMS offers tours to select Buddhist temples and is formed by passionate Buddhists, supported by kmsYM*

**3GEMS GUIDED BUDDHIST TOUR:**

**15 Nov Sun, 2pm-4pm: Come join 3GEMS Tour @ Burmese Temple**

The Burmese Buddhist Temple (BBT) was founded by a Burmese, named U Thar Hnin (Tang Sooay Chin) in 1875. The temple houses the largest pure white marble statue of the Buddha outside of Myanmar. The temple also features intricate Burmese architectural style with teak wood carvings. It is the first and only Burmese Buddhist temple built outside of Myanmar in the traditional Burmese architectural style. Register with your full name, age, gender, hp no., email address, & total no of participants to [3gems@kmspks.org](mailto:3gems@kmspks.org)

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## VENUE

### All sessions at Awareness Place [Well-Being] Centre

Level 3, #03-39 Blk 231 Bain Street, Bras Basah Complex (Beside the National Library, nearest MRT station: City Hall)

**TIME** 7.30pm – 9.30pm

## REGISTRATION

Please register to avoid disappointment: email [wspd@kmspks.org](mailto:wspd@kmspks.org), tel 6849 5346 or sms 9765 4322. (For 3GEMS tour, kindly register directly to [3gems@kmspks.org](mailto:3gems@kmspks.org))

## ABOUT THE SPEAKERS / FACILITATORS

**Darryl Chan.** From a timid backpacker at 14 to a mid-ripe ‘dragpacker’ now, Darryl Chan has never failed to find time each year to visit unfamiliar destinations. Dragpacking has not only challenged his perceptions of life; it has also provided plentiful opportunities for him to ‘externalise’ what he has learnt from the Buddha in real situations. An occasional speaker for communication- and people-related topics; a temple-and-museum tour guide trainer for KMSPKS; now a voluntary guide-cum-advisor for 3GEMS, Darryl believes in broadening his horizons through travelling and sharing his stories with other people.

**Sim Siew Ching** (Nirûpamâ), graduated from the National University of Singapore in 2001 with a Master of Arts (Philosophy) and is currently taking a part-time study in Bachelor of Science (Psychology). She works in a social service sector. Despite her busy schedule, she volunteered as the President of the NUS Buddhist Society Alumni from 2002-2006. Nirûpamâ has attended numerous meditation retreats from honourable teachers such as Sayadaw Revata (disciple of Pa-Auk Sayadaw), Ajahn Brahmavamso, Venerable Ji Cheng, Venerable Kai En, Venerable Yuan Fan, Sayalay Dipankara and S. N. Goenka.

A mind unruffled by the vagaries of fortune, from sorrow freed, from defilements cleansed, from fear liberated – this is the greatest blessing  
- The Buddha (Mangala Sutta)

## kmsYM

offering young adults effective ways to learn Buddhism while achieving personal & spiritual growths.  
Join us & empower yourself:

**\*w\*s\*d\*p** talks/sharings/workshops to discover Buddhism & its everyday application  
**Y\_Cultivation** Workshops to learn meditation, study Buddhist scriptures (sutras) & teachings  
**Y\_Fellowship** recharge with fortnightly cultivation (puja/prayers, Dharma talks, hymns) & fellowship  
**YAC** Awaken your creativity (Young Artiste Club 17-30)

| **6849 5346** | [youth@kmspks.org](mailto:youth@kmspks.org) | [kmspks.org/youth](http://kmspks.org/youth) |  
kmsYM, Youth Ministry of Kong Meng San Phor Kark See Monastery

To view the above details, visit [www.kmspks.org/youth/wsdpnov09.pdf](http://www.kmspks.org/youth/wsdpnov09.pdf)

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