



* w * s * d * p

Buddhist lifestyle programmes for young adults
ORGANIZED BY KMSYM



OCTOBER 2009 (Bi-weekly Schedule)

8 Thu

DHARMA@CINEMA: WOULD YOU DON THE 'HANDSOME SUIT'?

Movie Screening cum Sharing by Shen Shian

Does one's looks make or break one's opportunities for love and happiness? What if there was a special suit, which would make you look incredibly fantastic, that you can slip in and out of at will? Perhaps this is a fantasy you have dreamt of? Would it make your life much more fulfilling or much more complicated? Come live out this fantasy with Takuro, a good-hearted but bad-looking guy, and see the comedy that follows! Most of all, while having a good laugh, learn about what it really means to be a beautiful person, and about what true love and true happiness really is.

22 Thu

MAKING EFFECTIVE DECISIONS DURING CRITICAL MOMENTS

Workshop by Derek Tang

As individuals required to make decisions from time to time, a single decision may make or break the situation. Sometimes the right decision may also help us overcome difficulties in life and work. So what does it take for us to make the right decisions at the most critical moments? And how should we prepare ourselves for such moments?

Join this journey with Derek to find out how.

VENUE

All sessions are held at

Awareness Place [Well-Being] Centre, Blk 231 Bain Street, Bras Basah Complex, #03-39
(Beside the National Library, nearest MRT station: City Hall)

TIME

7.30pm – 9.30pm

REGISTRATION

To register, email wmdp@kmspks.org, tel 6849 5346 or sms 9765 4322

ABOUT THE SPEAKERS / FACILITATORS

Shen Shi'an was one of the founding members of KMSPKS Monastery's Dharma Propagation Division in 1997, with experience in leading web, library and event management. Currently, he serves as a Dharma Trainer in the Community Development & Training Department. He is the founder-editor of TheDailyEnlightenment.com, a Buddhist e-newsletter with 24,000 international members, the editor of "Be a Lamp Upon Yourself" and "The Daily Enlightenment (1 & 2)". He frequently conducts Buddhist discussions for youth, and teaches at the Singapore Buddhist Federation. He also writes for 'Nanyang Buddhist', 'Awaken' and BuddhistChannel.tv, and has represented Buddhist points of view in IRO, NACLI, NHB, NHG, SAF, SPF and ACM events. He runs Moonpointer.com, which is a blog that promotes sharing of Buddhism via writing. He is also a movie critic, keen to share the Dharma through the silver screen.

Derek Tang - As the Honorary Secretary of Lejia Society, Derek has a rich operational background in human behavior and speech profiling. He also delivers Neuro-Linguistic Programming training to government personnel both in Singapore and overseas, specializing in criminal behavior analysis, personality analysis and personal coaching.

*To have much learning, to be skillful in handicraft, well-trained in discipline, and to be of good speech
– this is the greatest blessing
- The Buddha (Mangala Sutta)*

kmsYM

offering young adults effective ways to learn Buddhism while achieving personal and spiritual growths.

Join us and discover yourself...

*w*s*d*p	Lifestyle programmes to discover Buddhism & its everyday application
3GEMS Tour	Guided tours of Buddhist cultures, histories, arts and architectures
Pureland Practice Fellowship	Gathering for those with basic understanding of Pureland teachings
Y_Cultivation	Workshops to learn meditation, study Buddhist scriptures (sutras) & teachings
Y_Fellowship	Recharge with fortnightly cultivation (puja/prayers, Dharma talks, hymns) & fellowship
Young Artiste Club	Awaken your creativity (Young Artiste Club 17-30)
Zen Drum Club	Discover the rhythm and develop calmness in you with zen drumming

| 6849 5346 | youth@kmspks.org | kmspks.org/youth |

Youth Ministry, Kong Meng San Phor Kark See Monastery

To view the above details, visit www.kmspks.org/youth/wsdpoc09.pdf